

SAINT MICHAEL YOUTH MINISTRY PRESENTS

Guideposts: Our ANNUAL Spring Retreat

WHO: ANY CURRENT 7TH-12TH Grader | Cost: \$40

WHEN: MARCH 2-4, 2018

WHERE: CYO Camp Rancho Framasa

For questions or comments, contact Aaron in the Youth Ministry office at (502) 266-5611 or afrazita@stmichaellouisville.org

Mail form and entry fee to:

Office of Youth Ministry
3705 Stone Lakes Dr.
Louisville, KY 40299

Phone: (502) 266-5611
Email:
afrazita@stmichaellouisville.org
Forms Due February 18, 2018

Name

Phone

T- Shirt Size: (Please Circle One)

S M L XL XXL

Grade/School

Please Fill Out, Cut Off the Bottom, and Return with money to the Youth Ministry

SR '18

Frequently Asked Questions

Spring Retreat

FAQ #1: Where will we be staying?

Answer: We will be staying at CYO Camp Rancho Framasa in Brown County, IN. There will be gender specific cabins (a boys cabin and a girls cabin) and age appropriate cabins (jr high and sr. high).

FAQ #2: When will we leave and return?

Answer: We will be meeting at St. Michael in the Youth Center at 4:30 pm and return Sunday at 4:30 pm.

FAQ #3: What do I need to bring?

Answer:

- Clothes (Be sure to pack plenty of WARM clothes and Clothes for Service)
- Toiletries (Soap, shampoo, deodorant, etc.)
- Good walking shoes
- Flashlight
- Towel and Washcloth
- Sleeping bag or sheets
- Pillow
- Rain Gear (just in case)
- An extra sweater or sweatshirt (just incase)
- Socks (bring plenty to keep your toes warm!!!)
- Pajamas
- An open mind
- Bible and/or Journal
- 12 pack of your favorite non-caffeinated, non-carbonated beverage
- A bag of your favorite snack (chips, candy, etc.)
- Money for food on the way to retreat (We will stop at Wendy's on the way)

Other optional things:

- Camera, Guitar or other Musical Instrument, Drawing Tablet

FAQ #4: Can I bring my cell phone or tablet?

Answer: No. Youth are asked to leave their cell phones, i-pods, i-pads, tablets, mp3 players, etc at home. This weekend is all about spending time together in nature and in community with one another and cell phones will take away from this experience. We will send a letter home with an emergency number to contact in case a parent should need to reach a child.

(See next page for more info)

Frequently Asked Questions (continued)

Fall Retreat

FAQ #5: What do you do on retreat?

Answer: Retreats are a chance to take a time out from the busyness of everyday life to focus on our relationship with those around us and with God through witness talks, activities (including some high ropes activities), prayer and games. This retreat will focus on the idea of being rooted in Christ. We will have small groups led by young adults and adults throughout the weekend. We will also have two activity periods led by the camp staff with activities to help us grow personally and together as a group. Want to know more? Ask your friends who have been on retreat or Fraz and they can help.

FAQ #6: Is the food good?

Answer: Yes! The meals at Rancho are always amazing and we will have a salad bar and peanut butter and jelly sandwiches available at all lunch and dinner meals just in case you don't like what is being served.

FAQ #7: Why are we doing jr. high and high school fall retreats together this year?

Answer: You asked for it! No really, the leadership team asked that we might combine the two retreats this year to try and create some cohesion between the two programs. It is a pilot year for this and we will evaluate after the event is over whether or not we should continue to do retreat programming this way.