

# ALTERNATIVE SPRING BREAK

JR.



**WHAT: OUR FIRST ANNUAL JR. HIGH ALTERNATIVE SPRING BREAK TRIP! WE WILL BE SERVING AT THE FRANCISCAN SOUP KITCHEN ON THURSDAY AND THEN HEAD TO PLOWSHARES FARM ON FRIDAY FOR SERVICE AND A RETREAT.**

**When:**  
April 5-7th, 2018

**Cost:** \$40.00

**Comments or Questions?**  
Contact Aaron at  
(502) 266-5611



**Who:**  
Any 7th or 8th  
Grade Student and/  
or Parent

**Registrations are  
Due No Later Than  
February 13, 2018**

(Cut Here)

(Cut Here)

**Mail form and entry fee to:**

Office of Youth Ministry  
3705 Stone Lakes Dr.  
Louisville, KY 40299

Phone: (502) 266-5611  
Email:  
afrazita@stmichaellouisville.org

**Registration is Due Feb. 13, 2018**

Name \_\_\_\_\_

My Parent is Interested in Being a Chaperone: Yes No

Grade/School \_\_\_\_\_

Parent Name \_\_\_\_\_

Phone \_\_\_\_\_

Parent Phone \_\_\_\_\_

Please Fill Out, Cut Off the Bottom, and Return with money to Youth Ministry

Frequently Asked Questions  
Alternative Spring Break Jr. Trip  
St. Michael Youth Ministry

FAQ #1: Where are we doing/where are we staying?

ANSWER: Our first day, we will work at the Franciscan soup kitchen and students will return home that evening to sleep. The second day, we will head to Plowshares Farm ( 12704 Campbellsville Rd, Buffalo, KY 42716) and will be spending the night in gender specific cabins.

FAQ #2 What will this cost me and what does that cost cover?

ANSWER: This year's trip costs \$40.00 per person. Fundraisers are available through your youth minister should you feel so inclined to do so to help cut down on the cost. This cost covers all meals, transportation, housing, and t-shirts for the trip. .

FAQ #3 What would I need to bring with me to PlowShares?

ANSWER:

- Clothes- Be sure to pack WARM clothes and Clothes for Service
- Toiletries (deodorant, etc.)
- Shoes for Service- work boots if you have them or tennis shoes
- Flashlight
- Sleeping bag
- Pillow
- Rain gear
- Socks
- Pajamas
- Work Gloves
- Camera
- A Water Bottle with your Name on it



FAQ #4 How are we getting there?

ANSWER: Adult chaperones will be driving personal cars and vans with the youth in them. Please pack lightly to save room in the vehicles.

FAQ #5 What times are we leaving and returning home?

ANSWER: We will be meeting at 8:30 am at the youth center on Thursday and return at 5 pm. On Friday, we will meet at the youth center at 8:15 am and return back to the youth center on Saturday at noon with a lunch for participants and their families from 12-1pm in the youth center at St. Michael. Participants and parents from both our high school and jr. high ASBs will be there.

FAQ #6 What will we be doing?

ANSWER: We will be serving in the soup kitchen on Thursday and then helping out on the farm and having a retreat on Friday and Saturday morning. On Friday evening, we will have a bonfire at Plowshares.

FAQ #7 Can I bring my cell phone?

ANSWER: **We ask that youth leave their cell phones at home** so as to be completely present on the retreat. Parents will be given the numbers of the adults leading the trip should an emergency arise at home.

FAQ #8 How can I get involved?

ANSWER: Contact Aaron Frazita in the youth ministry office at (502) 266-5611.



## Plowshares Farm Center for Education and Spirituality

12704 Campbellsville Road, Buffalo, Kentucky 42716 (270) 735-5265  
plwshare@scrtc.com www.plowsharesfarmcenter.com

### Retreat Permission/Health Form

I \_\_\_\_\_, parent/guardian, request that my child \_\_\_\_\_ be permitted to participate in a retreat on Friday, April 6, 2018, 10 a.m.-Saturday, April 7, 2018, 10 a.m. provided by Plowshares Farm Center for Education and Spirituality and held at Plowshares Farm at the address listed above. I understand this retreat may include participation in farm animal activities and/or simple farm work. I also understand that my child will spend time in the woods on the farm where he/she has the possibility of encountering poison ivy and ticks, a less likely possibility of encountering stinging insects, and a remote possibility of encountering a venomous spider or snake.

\_\_\_\_\_ I further give and grant unto Plowshares Farm Center for Education and Spirituality permission to (Initial here) use my child's name, photograph, and /or videotaped image in Plowshares' publications, video productions, and website, including Facebook and to submit such images for publication in the news media.

In consideration of permitting my child to attend/participate, I do hereby for myself and my child waive and release any and all claims that I might have against Plowshares Farm Center for Education and Spirituality, Plowshares Farm, Robert L. and Sharon M. Ernst, and any employee or volunteer associated with this activity for any and all injuries or losses suffered by said child while engaged in this retreat.

In case of any medical emergency, I understand that every effort will be made to contact the parents or guardians of the child participating in this retreat. In the event that I cannot be reached, I hereby give my permission to the physician selected by the adults present to hospitalize, secure proper treatment for, and to order injection, anesthesia, or surgery for my child, as named herein.

Participant's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ M / F

Is your child in general good health and able to participate in all normal activities? Yes No

If you answered no, please describe limitations \_\_\_\_\_

Does your child suffer from any allergies? Yes No If yes, please describe \_\_\_\_\_

Is your child currently taking any medication? Yes No If yes, please list \_\_\_\_\_

Signature of parent/guardian \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_ E-mail \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Emergency Phone \_\_\_\_\_

Health Insurance Company \_\_\_\_\_ Policy Number \_\_\_\_\_

Please return this completed form to your group leader.